



Los Angeles County Department of Public Social Services
Physical Health Assessment for General Relief

Date:
 Case Name:
 Case Number:
 District Name:
 District Address:
 Worker Name:
 Worker File Number:
 Worker Phone Number:

Medi-Cal Status: ☐ No Medi-Cal ☐ Pending Medi-Cal ☐ Pending Plan Selection

DEAR MEDICAL PROVIDER:

Your patient is applying for General Relief from the Los Angeles County Department of Public Social Services (DPSS).

Please provide the requested information regarding the severity and duration of your patient's physical medical condition. An individual who reports or is believed to have significant behavioral health impairment will be referred by DPSS to the Department of Mental Health or Department of Public Health for an exam.

Section 1: Behavioral Health:

Is there a psychiatric or substance abuse problem that may prevent work? ☐ YES ☐ NO

Section 2: Presumptive Disability

Does your patient meet one (or more) of these conditions? <input type="checkbox"/> YES <input type="checkbox"/> NO	
If any condition below is present, please answer YES and skip to the bottom of this form and sign.	
Amputation of two limbs or of one leg at the hip	Total deafness in both ears
Longstanding medical condition resulting in confinement to a bed, requiring a wheelchair, walker, or crutches for mobility	Total Blindness (best corrected visual acuity 20/200 or visual field less than 20 degrees) in both eyes
Stroke, more than three (3) months old, spinal cord injury, cerebral palsy, or muscular/ skeletal disease with marked difficulty walking (use of braces, crutches, walker), speaking, or coordination of the hands or arms	Down Syndrome
	Mental impairment requiring assistance with self-care or Activities of Daily Living (ADL)
	End Stage Renal Disease on chronic dialysis
Amyotrophic Lateral Sclerosis (ALS), a.k.a. Lou Gehrig's disease	Cancer with metastases
Symptomatic Human Immunodeficiency Virus (HIV) or current Acquired Immune Deficiency Syndrome (AIDS)	Terminal illness, receiving hospice care, with life expectancy of six (6) months or less to live

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Section 3: Functional Impairment

Is there a medical condition(s) that prevents the patient from engaging full-time in any of the following sedentary activities in an occupational setting because he or she is medically prevented from:

- Performing **frequent** (about 2/3 of an eight (8) hour work day) **sitting; fingering and handling**
- Performing **occasional** (up to 1/3 of eight (8) hour work day) **stand/walk; lift 10lbs; bend; reach**
- Demonstrating grossly normal cognitive ability because of a non-psychiatric condition

☐ **YES**, the patient's medical condition prevents fulltime sedentary work as described above.

What duration are you estimating the impairment from sedentary work to last?

☐ 3 months ☐ 6 months ☐ 12 months ☐ Other _____ ☐ Likely permanent

☐ **NO**, the patient's medical condition does not prevent fulltime sedentary work.

However, ☐ there are restrictions/ limitations that prevent other activities:

- | | |
|--|--|
| <input type="checkbox"/> Occasional 20lb lifting | <input type="checkbox"/> Frequent standing/walking |
| <input type="checkbox"/> Occasional 50lb lifting | <input type="checkbox"/> Other _____ |

I declare that the above medical evaluation is true to the best of my knowledge.

Medical Provider Name (print and sign)

Date

Clinic Name and Address

Phone Number

Please return this completed form to DPSS electronically, if your site has an electronic connection to DPSS. Otherwise, please fax the completed form to (562) 695-0423.

Clinic Stamp

Patient Name

Date of Birth